

Dear Students,

It was such a pleasure working with all of you during the workshop. Thank you all for your wonderful energy and participation and extra special thank you to Jozef for making our visit possible!

As a follow up on the discussion about Music Therapy, I am sending some links to some of the essential source materials I mentioned, as well as some leads to Music Therapy organizations. I think this will be a very good start point and I hope this will inspire further interest in the field.

I know that some of you took a video of me demoing the Konnakol material, so hopefully everyone received it and already having a great time practicing. If you need any clarification, or have any further questions about any of the materials, please do not hesitate to ask.

Glen wrote an instruction manual called "**Overtones: The Magical World of Overtone Singing**" which is available through his website:

<http://glenvelez.com/shop/books/>

There are also **Shakers** and instruction books available: <http://glenvelez.com/shop/shakers/>

Glen and I wish all of you well and we really look forward to seeing everyone again before long!

With best regards,

Loire and Glen

MUSIC THERAPY ORGANIZATIONS

American Music Therapy Association (Database to journals, research, publications)
- <https://www.musictherapy.org/research/pubs/>

The European Music Therapy Confederation - <https://www.emtc-eu.com/#top-welcome>

World Federation of Music Therapy - <https://www.wfmt.info>
<https://www.facebook.com/groups/65653187016/?fref=ts>

Music Therapy Around the World - <https://www.musictherapy.org/about/listserv/>

Music Therapy Czech Republic - <http://www.czmta.cz>

Music Therapy Austria - <https://www.oebm.org>

Voices: A World Forum for Music Therapy - <https://voices.no//>

HOSPITALS, CLINICS, TRAINING CENTERS

NYU Music Therapy Program - <https://steinhardt.nyu.edu/programs/music-therapy>

Temple University - <https://bulletin.temple.edu/graduate/scd/boyer/music-therapy-phd/>

The Louis Armstrong Department of Music Therapy - <https://www.mountsinai.org/locations/music-therapy>

Nordorff-Robbins Center - <https://research.steinhardt.nyu.edu/music/nordoff/training/>

The Rebecca Center - <http://therebeccacenter.org>

Memorial Sloan Kettering Cancer Center - <https://www.mskcc.org/experience/patient-support/activities/music-therapy>

Sounding Joy Music Therapy - <http://www.soundingjoymt.org/web/>

PUBLICATIONS

MIT News - Translating proteins into music, and back - <http://news.mit.edu/2019/translating-proteins-music-0626>

MIT News - Developing technologies for Music & Health - <http://news.mit.edu/2016/where-music-and-technology-unite-1103>

BrainBeat: Breath-based music therapy - <https://www.media.mit.edu/projects/brainbeat/overview/>

Music Therapy Research treatment for PTSD - <https://www.arts.gov/national-initiatives/creative-forces/research/music-therapy-research>

Music As Medicine - <https://www.apa.org/monitor/2013/11/music>

Nordoff-Robbins Center for Music Therapy Research - <https://research.steinhardt.nyu.edu/music/nordoff/research/>

Utilizing music therapy as a mode of treatment for the performance stress of professional musicians (Doctoral dissertation by Louise Montello) - <https://research.steinhardt.nyu.edu/scmsAdmin/uploads/005/502/MontelloLouise1989.pdf>

The use of music therapy as a treatment for musical performance stress - <https://www.sciandmed.com/mppa/journalviewer.aspx?issue=1137&article=1384&action=1>

Medical Problems of Performing Artists - <https://www.sciandmed.com/mppa/>

Alumnus Brian Schreck's Heartbeat Music Therapy - <https://steinhardt.nyu.edu/news/alumnus-brian-schrecks-heartbeat-music-therapy>

Articles of Music Therapy - <https://theconversation.com/us/topics/music-therapy-8126>
Melodic Intonation Therapy: Shared Insights on How it is Done and Why it Might Help -

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780359/>

BOOKS

Musicophilia Tales of Music and the Brain - <https://www.oliversacks.com/books-by-oliver-sacks/musicophilia/>

Florence Tyson - Psychiatric Music Therapy - <https://www.barcelonapublishers.com/psychiatric-music-therapy-the-community-the-legacy-florence-tyson>

Helen Bonny - Guided Imagery in Music - <http://www.gim-trainings.com/about.html>

Jocelyn Goodwin (This work highlights the overtone vowel sounds) - <https://www.amazon.com/Mystery-Seven-Vowels-Theory-Practice/dp/0933999860>

Foundations in Music Psychology - <https://mitpress.mit.edu/books/foundations-music-psychology>

Music Therapy: Research and Evidence-Based Practice - <https://www.sciencedirect.com/book/9780323485609/music-therapy-research-and-evidence-based-practice#book-info>